

**2 in 5 adults are reporting high levels  
of anxiety with 7 in 10 indicating they  
are less happy with their lives overall\*  
Businesses will need to embrace new  
ways of working to support their  
teams**

These are challenging times for  
employers and employees. We can  
help!!

We can provide you with 100%  
grant funded training and/or HR  
consultancy! That's right!  
Completely free!

To find out more, please  
call Sue on 07951 356700  
or  
Mary on 07887 863394

\*Office for National Statistics

